

HOPELINE

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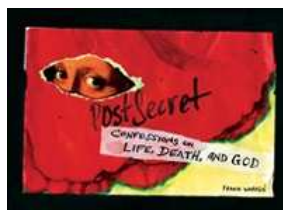
Visit our Store



During depression the world disappears. Language itself. One has nothing to say. Nothing. Kristin experienced this misery, yet still managed to touch many lives and even in death continues to help others find help for their depression. The Kristin Brooks Hope Center was created to help those in crisis find help and hope immediately. The site and her story gives you a raw, personal glimpse into depression, and how it affects those around you. In addition, you will find the only

KBHC Partners

PostSecret



Frank Warren is a small business owner who started [PostSecret.com](#) as a community art project. Since November 2004 Warren has received more than 150,000 anonymous postcards. The website won two Webby Awards in 2006 and this year was named Weblog of the Year at the Seventh Annual Weblog

Awards. The PostSecret project also received a special award from the National Mental Health Association for raising awareness and funds for suicide prevention. Warren lives in Germantown, Maryland, with his wife and daughter.

[Web Site](#)

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iFred.Org



The International Foundation for Research and Education on Depression (iFred), is a 501(c)3 organization dedicated to helping research the causes of depression, to support those dealing with depression, and to combat the stigma associated with depression. iFred is dedicated to Bringing Depression Hope.

To Write Love On Her Arms (TWLOHA)



To Write Love on Her Arms is a non-profit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury and suicide. TWLOHA exists to encourage, inform, inspire and also to invest directly into treatment and recovery.

[Web Site](#)

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Grad Resources



Grad Resources is a non-profit organization that serves the practical and emotional needs

Help us to save lives



Please Don't Jump



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[Download our Information Deck for the PUTP Tour \(PDF\)](#)

clear, step-by-step path for you to follow out of the darkness. There is hope and you can feel happy again! If you need to speak with someone right now call: **1.800.SUICIDE** (1.800.784.2433)

of graduate students on several university campuses across the United States. Grad Resources offers grad students free assistance and support via grad student orientation programs, seminars, support groups, online [resources](#) and several helpful [articles](#). Grad Resources is a partner of the Kristin Brooks Hope Center and our co-sponsor for TA/RA appreciation events as well as Graduate and Professional Student Appreciation Week. As the original founder of KBHC's program 800-GRADHLP we have worked with Grad Resources for 6 years to prevent suicide in Graduate Schools across the U.S.

[On Facebook Website](#)

Find us at these sites:



GuideStar



Every day, nearly 22,000 people come to **GuideStar** to learn more about nonprofits; in 2008, their visits added up to more than 8 million visitors.

[KBHC's Gidestar Page](#)

Network for Good



Network for Good is a not-for-profit organization and Web site dedicated to providing real opportunities for you to donate, volunteer and get involved with issues that matter to you. Our two-fold mission is to stimulate philanthropy, volunteerism, and involvement among Internet users, and to help nonprofit organizations strengthen their relationships with supporters.

[Web Site](#)

QPR Institute



QPR stands for Question, Persuade, and Refer -- 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course in as little as one hour.

[Web Site](#)

[Download free book](#)

Younglife



Young Life is a non-profit, Christian non-denominational ministry . Young Life consists of many branches of ministry but most commonly the name "Young Life" refers to the outreach arm of the organization directed towards high school students. Young Life staff and volunteer leaders build relationships with teenagers through a variety of social interactions, formal and informal events, and group trips.

[Web Site](#)

[Chesapeake Bay Area Chapter](#)

Miami Switchboard



Switchboard of Miami, Inc. established in 1968, is a private, nonprofit organization that provides the Miami-Dade County community with comprehensive telephone crisis counseling, suicide prevention, information and referral services 24 hours a day, 7 days a week, 365 days a year. Our agency also offers free individual and family counseling services

and prevention programs for high-risk youth and their families based in local schools.

[Web Site](#)

Community Crisis Centers Saving Lives: **5, 2 3 6, 1 5 3** calls to 1.800.SUICIDE

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